

www.rockpaintingworkshops.com presents



# at Christmas

Rock Painting

with Anne Whitlock



# Christmas inspired tutorials

## 'Christmas Rock Painting Tutorials' A Tutorial E-Book by Anne Whitlock

presented by

[www.rockpaintingworkshops.com](http://www.rockpaintingworkshops.com)

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on  
SOCIAL MEDIA

Anne's Art page on Facebook

**CLICK HERE**

For over 1000 Tutorials visit  
Facebook Group - **CLICK HERE**

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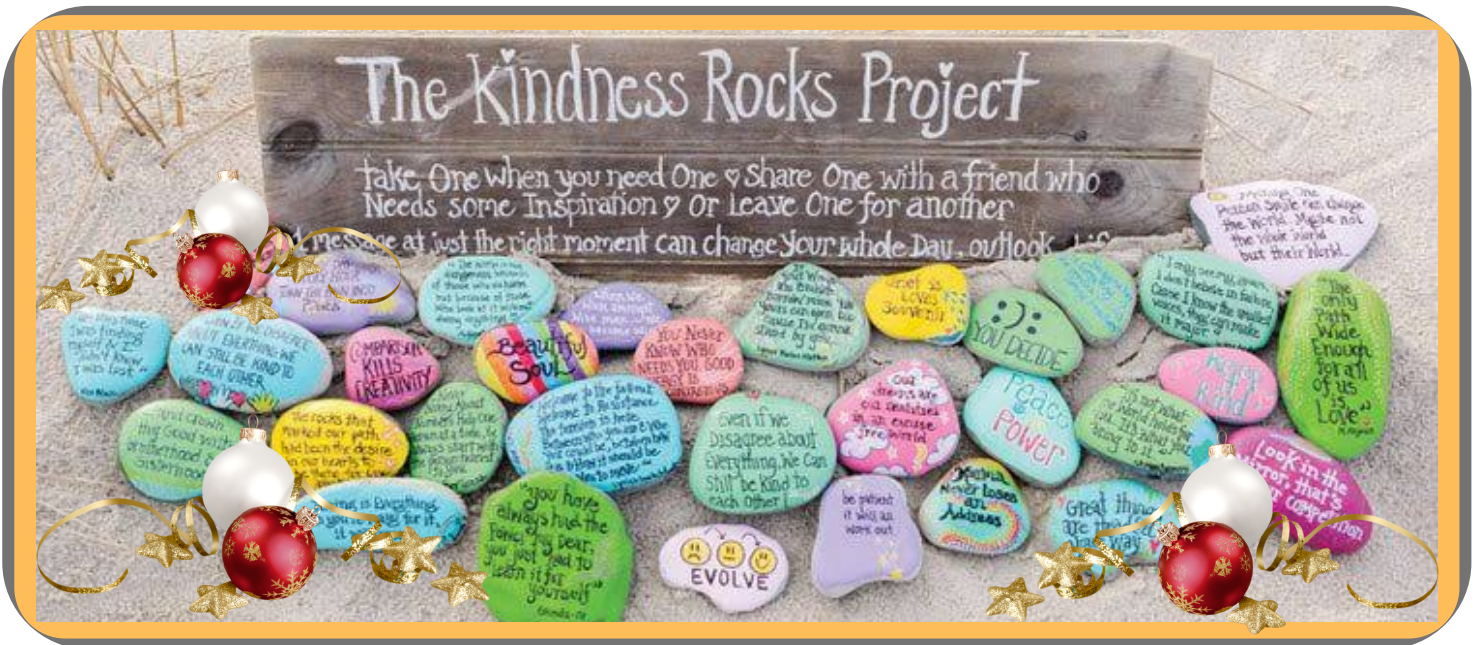
~This book was created by Anne Whitlock ~



# Let's Chat - Why Rocks?



Rock painting is an ancient form of art, Australian scientists have discovered the country's oldest known rock art - a 17,300-year-old painting of a kangaroo. Our ancestors used to tell stories on rocks by painting symbols that represented their daily life. Today we still love to use rocks as our 'canvas' to express our creativity and tell stories. Given their smaller size they not only make a perfect canvas but an easy way to gift your artwork whether to a stranger or to a loved one.



The Kindness Rock Project is another way to share your art on rocks it was started by Megan Murphy in 2015 who wrote "You've got this" on a rock and left it on a beach on Cape Cod. After a friend found it, she started leaving more rocks with inspirational messages behind. The movement has become an international movement with painted rocks being left in public places to be found all around the world.

Join some local Rock Drop groups on Facebook, these are social groups that hide rocks in their local communities with the Facebook group tag on the back of the rock. When someone finds the rocks they sometimes come on the FB group and share their find and choose if they wish to keep it or re-hide it.

Many of these groups are also a positive space to share our art rocks with friends around the world. You are extended the invitation to join the rock painting craze & paint and hide rocks yourself. If you are looking for a group to join have a look at

<https://www.facebook.com/groups/ReefRocksFreeWorkshops>

It is an International group that welcomes people from around the globe.





# Supplies

An easy way to draw images on rocks is to use a graphite pencil [CLICK HERE](#)



*Pencils*

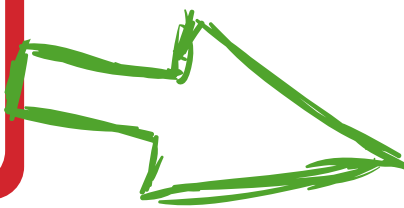
*'Acrylic Paint' or Pens*

[CLICK HERE](#)



In this tutorial book Anne has used the uni Posca Pens- You can check them out here-

[CLICK HERE](#)



[CLICK HERE](#)



*Rocks*

*Sealer*

You want a waterproof finish waterbased sealer or varnish - get advice

[HERE](#)



# How to Paint Rocks



Draw your design on your rock  
[TUTORIAL HERE](#)

OR



Colour the design in light even layers  
[TUTORIAL HERE](#)

You can use Paint or Pens straight on the rock to create your desired colour & designs



How to use Paint Pens  
[CLICK HERE](#)



Dirty Nibs?  
Rinse under the tap and pop them in a glass of soapy water to soak.

*tip*



Seal rock with waterproof sealer  
[TUTORIAL HERE](#)



*Sealer*

For advice on Sealing  
[CLICK HERE](#)



# Happy Birthday Jesus

by Anne



## lets chat...

...about the baby in a Manger. This is always the first rock I paint for Christmas each year.

### The reason for the season.

Each year our family has a Birthday Party on Christmas Eve for Jesus, birthday cake included. The kids love it and go to sleep with dreams of Santa.



Start by sketching the image using a graphite pencil.

I then draw over those lines with a fine paint pen, let it dry and erase the pencil. [TUTORIAL HERE](#)



Paint a thin even layer of colour and fill in your base colours. Let that dry then paint the next layer. Do not paint it too thick too fast, that leads to the top drying before underneath and cracks can form. I find once I have covered my rock it is dry enough to paint the next layer. That is because I do it with light thin layers. You can use Pens or paint with a brush.

[Tutorial click here](#)







# Happy Birthday Jesus by Anne

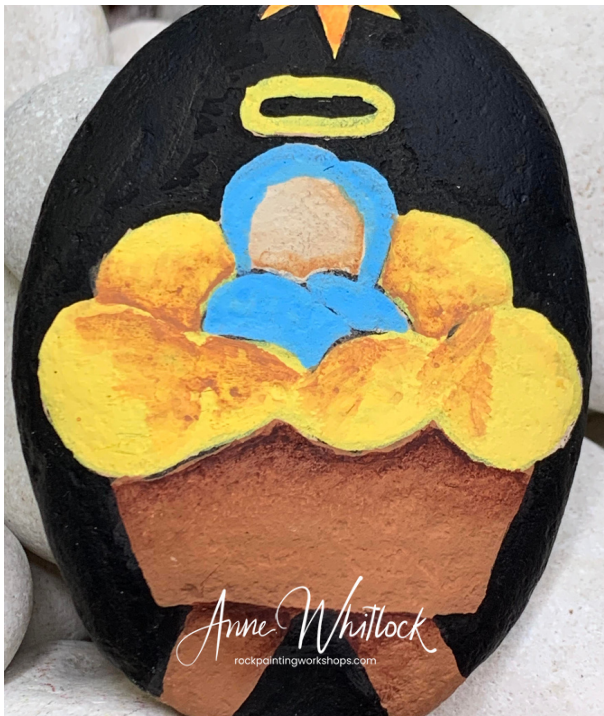
Once I finished the base colour I add what I refer to as wet shading

**Tutorial [CLICK HERE](#)**

I use a small brush and some colours deeper than the base colours. This step helps the image from looking so flat and one dimensional. When it is dry, again by the time I am finished it is dry enough!

I use my black pen to outline and tidy up my shapes. I like a clipart look to my rocks so I outline and it saves heaps of time instead of complicated shading. My white is used to add some highlights, highlights are anywhere that the light may bounce and it adds interest.

This is Bobdog and he loves to paint rocks with me. He is a crazy puppy - his favourite bit about rocks is that he gets to sleep on top of my 20kg bag of rocks as his pillow.



**Happy  
Birthday  
Jesus**





# 3 Wise Men

by Anne



## lets chat...

The biblical Magi, are also referred to as the Wise Men or Kings. The three Magi were distinguished foreigners in the Gospel of Matthew and Christian tradition. They are said to have visited Jesus after his birth, bearing gifts of Gold, Frankincense and Myrrh. I chose rich royal colour to represent them.



1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



2. Colour your Image  
I used a bright red, purple and green as royal colours

[Tutorial CLICK HERE](#)



3. Shade your image on the rock using a deeper colour.

[Tutorial CLICK HERE](#)



4. I used black to outline and white to highlight & decorate  
[Tutorial CLICK HERE](#)



# Christmas Gifts

by Anne



## lets chat...

Which team are you on when it comes to Christmas gifts?

The super organised, who shops in July and gifts are all neatly wrapped and labeled.

Or team Anne who is pulling cupboards apart 11pm Christmas eve knowing I have a roll of paper somewhere from last year and uses a marking pen to scribble names on ....

One year I shall be organised I have had 33 years of kids to practise on!



I love to pre outline my rocks it becomes easier to colour in and block my colours where I want them.

[Tutorial LINK HERE](#)

I seem to follow a few favourite colours for Christmas rocks. To colour, use pens or a paint & Brush [Tutorial LINK HERE](#)



The easiest colours to find & shade with are darker shades of the same colour

[Tutorial CLICK HERE](#)



Use Black to outline and white to highlight. I also like to add extra black in the corners especially on small rocks.





# Stocking of Joy

by Anne



## lets chat...

Do you hang your stocking with glee on Christmas eve...

This one always fascinated me as a kid. We do not have fireplaces where I live - in tropical warm weather.

SO it always got me thinking where would we hang a stocking for Santa to fill? He always put our gift under the tree instead and we got a small candy filled stocking. Fifty years on I still look about for that magical spot to hang a stocking... From a Palm tree outside maybe?



2. Colour your Image  
I used a bright red for the stocking- what colour will you choose?

[Tutorial CLICK HERE](#)



4. I used black to outline and white to highlight & decorate. And a little extra blue on the fluff so it looked fluffier

[Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. Think of where shadow goes, there is shadow from the white fluff on the stocking

[Tutorial CLICK HERE](#)





# Our Tree

by Anne



## lets chat...

When does your tree go up?  
My eldest daughter would keep hers up all year round I think...

I would forget to put mine up at all!

Lucky I have bossy grandkids who start demanding a tree on the 24th. They always tell me it would just be super confusing for Santa and he would just wander around the house... Tripping over our mess I guess 🤪



2. Colour your Image  
What colour will your tree be? →

[Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. Think of where shadow goes, there is shadow below each layer of foliage

[Tutorial CLICK HERE](#)

4. I used black to outline and white to highlight & a whole heap of mixed colours to draw baubles.

[Tutorial CLICK HERE](#)





# Santa is coming to Town

by Anne



## lets chat...

My Babies love our Christmas Eve birthday party for Jesus but it is also a night they all go to bed on time!

They are so excited to see if Santa will come visit them.

I love that excitement the kids have waiting to see their special gift that will be left from this jolly bloke.

They leave him some cookies and a drink - What do you leave Santa for a snack as he passes by?



1. Draw your image on the rock.

**Tutorial [CLICK HERE](#)**

2. Colour your Image  
I used a bright red and white and painted two layers

**Tutorial [CLICK HERE](#)**



3. Shade you image on the rock. Grey is a great shadow colour on a white beard

**Tutorial [CLICK HERE](#)**



4. I used black to outline and white to highlight. Don't forget some coral on his rosy cheeks, Pop on the colour and finger dab to spread the glow. **Tutorial [CLICK HERE](#)**





# Down the Chimney

by Anne



## lets chat...

Did I say the kids leave Santa some cookies and a drink....

Maybe we should think about that a bit more. If we all leave Santa cookies he might just get stuck in someone's chimney!

Well not here as we don't have any but you know by the time he gets to Europe he is going to be soooo full!



2. Colour your Image  
I have a fabulous Posca gold for his buckle, what do you use for gold?

**Tutorial CLICK HERE**

1. Draw your image on the rock.

**Tutorial CLICK HERE**



3. Shade you image on the rock. Grey is a great shadow colour on black it is more of a highlight

**Tutorial CLICK HERE**

4. I used black to outline and white to highlight. Maybe I should not leave Santa cookies in case he gets stuck in the chimney!

**Tutorial CLICK HERE**





# That red nose!

by Anne



## lets chat...

Always a Christmas favourite of mine is Rudolph!

I just read that reindeers with antlers in the winter are ALL female. Males antlers fall off during mating season. The pregnant females keep their antlers to forage food for themselves and the baby. So now have to rethink the whole reindeer lineup! What a fabulous bunch of Queens taking Santa on his great adventure around the world.



2. Colour your Image  
I like to leave a little bit of rock colour poking through in the background do you?

[Tutorial CLICK HERE](#)



4. I used black to outline and used a scribbly technique, I love to scribble my outlines as a favourite way to outline. There is white to highlight. .

[Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. Light blue is great on snow to give more texture.

[Tutorial CLICK HERE](#)





# My Tree Gnome

by Anne



## lets chat...

He had to happen ~ a little Christmas gonk with his tree hat!

he loves to celebrate all the holidays but Gonk is super happy at Christmas with so many different hats to wear.

He is showing up on rocks everywhere! What hat will your Christmas Gnome wear?



2. Colour your Image I just paint over my leaf outlines, it adds some depth.

[Tutorial CLICK HERE](#)



4. I used black to outline and used a scribbly technique. Lots of dots of colour to decorate. There is white to highlight. . [Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. Orange looks great on yellow.

[Tutorial CLICK HERE](#)





# Frosty the Snowman

by Anne



## lets chat...

There must have been  
some magic  
In that old top hat they  
found

For when they placed it on  
his head  
He began to dance around

Oh, Frosty the Snowman  
Was alive as he could be

And the children say he  
could laugh and play

Just the same as you and  
me



1. Draw your image on  
the rock.

**Tutorial [CLICK HERE](#)**

2. Colour your Image  
Two thin layers is enough  
**Tutorial [CLICK HERE](#)**



3. Shade you image on the  
rock. Blue is great to shade  
white snow

**Tutorial [CLICK HERE](#)**



4. I used black to outline and  
used a scribbly technique.  
Lots of deep black in shadow  
areas

**Tutorial [CLICK HERE](#)**





# Candy Canes

by Anne



## lets chat...

One of those Christmas lollies that I just love!

Did you hand them out with Christmas cards to your school friends?

I would peel back the plastic a bit and suck on my sweet treat. Trying to make it last as long as possible.

Do you suck yours or crunch them all up quickly?



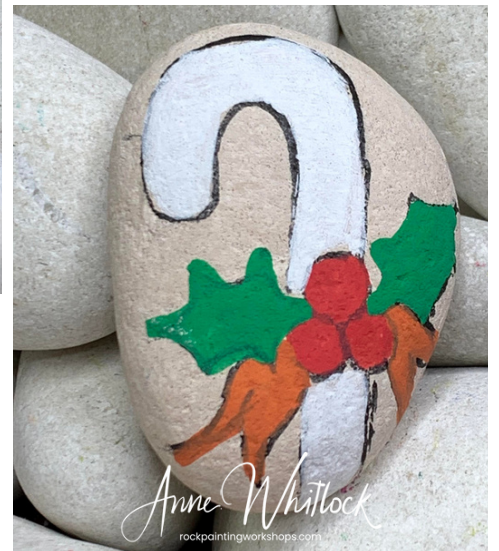
2. Colour your Image  
Two thin layers is enough  
**Tutorial [CLICK HERE](#)**



4. I used black to outline and on a tiny rock the 0.7m pens are a great option or use a 00 size paintbrush  
**Tutorial [CLICK HERE](#)**

1. Draw your image on the rock.

**Tutorial [CLICK HERE](#)**



3. Shade you image on the rock. I did green for Peppermint  
**Tutorial [CLICK HERE](#)**





# Aussie Christmas

by Anne



## lets chat...

No Aussie Christmas is complete until we have a koala in a Santa hat!

We are very lucky where I live as on a given day you have a huge chance of seeing a koala in a tree.

But would it not be super cute if they were all wearing Santa Hats?!

OK on rocks it is, these will be fun to hide in my community.



2. Colour your Image  
Two thin layers is enough  
[Tutorial CLICK HERE](#)



4. I used some extra black to deepen the shadow areas.  
[Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. I used dark grey for everything!

[Tutorial CLICK HERE](#)





# Christmas Pudding

Guest Artist – Zoe Styles



## lets chat...

We wish you a merry Christmas, We wish you a merry Christmas and a happy new year. Good tidings we bring to you and your kin, We wish you a merry Christmas and a happy new year ... Oh, bring us some figgy pudding Oh, bring us some figgy pudding Oh, bring us some figgy pudding And bring it right here! I love Christmas pudding ~ Merry Christmas everyone love Zoe

[Find more of Zoe's work](#)  
[CLICK HERE](#)



2. Colour your Image  
Two thin layers is enough  
[Tutorial CLICK HERE](#)



4. I used some black to outline and white to highlight.  
[Tutorial CLICK HERE](#)

1. Draw your image on the rock.

[Tutorial CLICK HERE](#)



3. Shade you image on the rock. I used dark grey for everything!

[Tutorial CLICK HERE](#)





# Meet the Artist - Anne Whitlock



3 of the 5 creative generations in my studio



'The Kid' created from when she was young and is now 17!



'Boo' loves to create! Here she is at 2 and painting with us



Hi and welcome to my E-Book, my latest creation. I am a mixed media artist from Australia and from a fabulous lineage of Creative Beings.

My favourite thing to do is to teach others and I offer 'IN' person and online classes to share with others. I have written for many Art & Craft magazines and run International Art retreats (my favourite way to create with friends) My ventures also involve creativity to raise money for charity - read more about this by Clicking on the course pictures here to your left & right.



The Kids have grown up travelling with us hosting different Art Retreats around the world.



Sometimes they paint, sometimes they decide to wash Elephants in Nepal..

When Covid hit I was no longer able to travel for International Art Retreats but I soon realised the isolation of Covid. I knew how important it was to connect with people around the world. We all had different stories and some were quite lonely. I started offering live video conference calls to fellow Rock Painters, so we could chat, share a cuppa and creative ideas. I even started hosting some FREE online Art Retreats for us to create together. This has all snow balled and led to the launch of 'Chat ~ Cuppa ~ Create' an online monthly art subscription where we share many Art Classes, colour theory, Kindness cards, drawing, painting, mixed media and of course we still have our LIVE calls and friendships. We have created many beautiful friendship circles and chat with each other regularly offering support & well wishes. Twice a year, I still offer two online FREE Art retreats for everyone to connect and create.

The next one is called 'Rockfest'2023 - You can [JOIN HERE](#) for an early bird seat



# Meet the Artist - Anne Whitlock



Learn more about  
Chat ~ Cuppa ~ Create  
classes by clicking the  
picture here

Subscribe to our next  
FREE Art retreat  
'ROCK'fest 2023  
**CLICK HERE**



## But where do rocks fit in with my story?



When 'The Kid' (my social media name for her) was about 7yrs old in 2013 she homeschooled from our restaurant on the lake in Nepal where we lived at the time. She loved to eat Pani Puri from the Chaat (snack) carts near us but they cost 20cents a plate. Obviously she had no cash, what she did have were great friendships of the elderly Tibetan women that sat on mats along the lake selling their jewelry. So she copied them .... She took rocks from our landscaped gardens and painted them. She sat on a mat and stopped every tourist that passed and asked them to buy a rock from her. Most did, some only wanted a photo so she charged double for that ... as you do. Ten years later we have sold the restaurant but it is still a well know story about the little girl rock painter and there are rocks in the garden that she painted. The ones here in my photo are still in my home garden now in Nepal and they mark the grave of her pet bunny's wee baby that passed away at birth. I travel back and forth from Nepal to Australia still today.

In 2015 our family were in a huge Earthquake where 10.000 people died or were injured. We as a family all processed and grieved in different ways and we also made the decision to come back and live in Australia as I was sick with an Auto Immune disease. While in Nepal my Boo (granddaughter) grieved over her rocks. She was little at the time and came out one day to her Mumma crying as her rocks had died. This was how she processed her grief.

### **Rocks just always found a way of helping my family**

Years later back in Australia on a visit to my Sister friend Fran she showed me a rock she had found on her daily beach walk. A kindness rock she said.... and my obsession went from there. In my down time as I was pulling my wellness together, I spent my time with rocks. Early morning painting and cups of tea. I collect them, I paint them, I teach others how to paint them, I share them out in my community, I keep them in my garden. They are so addictive! Who knew - Rocks have so many stories from person to person - I have learnt that from engaging in our rock group - **JOIN US HERE** - and lets create rocks.



I also use rocks to give funds to charity! I have an online rock painting course and **ALL** the proceeds are donated - If you have loved creating along to any of my **FREE** tutorials please consider paying it forward. Buy the course for \$15 it would mean a lot to so many. Even if you already paint rocks, use this as an opportunity to pay it forward ~ **CLICK HERE TO JOIN US**





# CREATE ART - SPREAD KINDNESS



www.rockpaintingworkshops.com



Each Subject that we cover has a dedicated E-Book. While most of the in depth teaching is in video format – pictures of each step and instruction have been put together in a E-Book format for you to print or save to your device. Ten of the thirteen E-books included are exclusive to participants in this paid course. (newly released for this course only) The books have lovely quality pictures for you to follow if you enjoy that visual in front of you.

BONUS – Receive an updated FREE version of my 'Colour Theory Book'

[Click here to join](#)



The course being offered covers everything you need to know about Rock Painting. It can help the beginner on where to start and understand step by step on how to create awesome rocks. The course also helps the more experienced rock painter with heaps of how to techniques to use on a more intermediate level rock.

The Topics covered are –

1. Preparing your Rocks – 3 videos – 1 Ebook
  2. Supplies and how to use them – 11 Videos
  3. Drawing your image on a rock – 6 Videos – 1 Ebook
  4. Adding Colour to your rock – 2 Videos – 1 Ebook
  5. Shading on your rock – 2 Videos – 1 Ebook
  6. Outlines & Highlights – 3 Videos – 1 Ebook
  7. Backgrounds – 2 Videos –
  8. Tutorial on how to use paint and brushes on Rocks – 1 Video –
  9. Base Coats, Blending & Backgrounds – 6 Videos – 1- Ebook
  10. Waterwash techniques – 5 Videos – 1-Ebook
  11. Colours and how to choose them – 2 Videos – 1 Ebook
  12. Highlights & Shadows – 2 Videos
  13. The 4 steps to rock painting – 3 Videos –
  14. 10 Tutorials – are included in the course via videos & Ebooks
  15. Sealing your rocks – 3 Videos – 1 Ebook
- 3 BONUS Ebooks with Tutorials There are 53 videos and a wide variety of topics – the course is suitable for beginners and experienced Rock Painters. There is something for everyone.





# CREATE ART - SPREAD KINDNESS



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## PAINTING ROCKS FOR CHARITY



We would love to extend to you an invitation to an exciting new Rock Project .

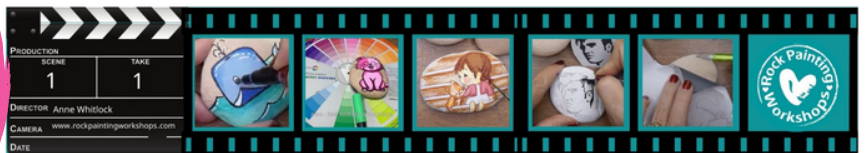
This project is an 'Online course' about Rock Painting and it is like no other – This is first and most amazing Rock Painting Course ! Not only will you be guided through the process of creating Kindness Rocks but all the proceeds raised will be used to support at risk Woman and children in Nepal – you can read about the great organisation that we support here – [www.kriayt.com](http://www.kriayt.com)

What is this course all about? An online Rock Painting Course with 55 Videos, 13 E-Books – and a dedicated forum for questions and answers with a dedicated teacher to help you, all for only \$15. But read on and let me tell you more about what this is all about and how it works...And more importantly how you can contribute to at risk woman and children.



The Rock Painting Course will be presented via video format in two styles – Interview and Tutorials via closeup views of my creating desk. The videos are all high quality and cover everything you need to know about painting Kindness Rocks. We cover step by step process as well as the best supplies and how to use them (We also troubleshoot many common problems) There are 53 videos and a wide variety of topics – the course is suitable for beginners and experienced Rock Painters. There is something for everyone.

## WHY BUY THIS COURSE



Well first things first – it has AMAZING content and it will be a fantastic resource for your Rock Painting Sessions. Anne has spent many hours putting all of this content together and I know that any other online course offering this amount of content is worth \$100's. All you have to pay to access this amazing content is \$15. This \$15 is donated and a valuable amount of money for at risk women and children and when you pay this you are making a huge impact. This is how we ALL get involved – I am offering this course for sale and when you buy it for \$15 – 100% of this money will go towards the women.

[CLICK HERE TO JOIN US](#)



Thanks for loving on our  
latest E-book

Join in the fun and share your rocks  
ANNE

**Share Here**

We look forward to seeing your designs

Check out more fabulous ebooks by  
other rock painting artists - **HERE**

All designs are created by Anne Whitlock 2022